

# *The Meadows Bar & Restaurant*

## **ALL DAY RESTAURANT & BAR SNACKS MENU**

*A place for all seasons*

FAMILY RUN BUSINESS, ESTABLISHED IN 1979

**THE MEADOWS RESTAURANT**  
PUBLIC BAR & RESTAURANT AT  
**GREENMEADOW GOLF & COUNTRY CLUB**

TREHERBERT ROAD

CROESYCEILIOG

CWMBRAN

TORFAEN

NP44 2BZ

RESTAURANT RESERVATIONS

**01633 869321**

E-MAIL: [INFO@GREENMEADOWGOLF.COM](mailto:INFO@GREENMEADOWGOLF.COM)

WEBSITE: [WWW.GREENMEADOWGOLF.COM](http://WWW.GREENMEADOWGOLF.COM)

**19/10/21**

# THE MEADOWS ALL DAY MENU FROM 19/10/21

## STARTERS —

<b>GARLIC BREAD</b>	<b>£2.95</b>	<b>WITH CHEESE</b>	<b>£3.95</b>
<b>SOUP OF THE DAY SERVED WITH BREAD ROLL</b>			<b>£4.50</b>
<b>DEEP FRIED BRIE WEDGES</b> SERVED WITH GARNISH			<b>£ 5.75</b>

## MAIN COURSE ~ PRIFGWRS

*THE BELOW MEALS ARE INCLUDED WITH EITHER SALAD, CHIPS,  
JACKET POTATO OR NEW POTATOES*

<b><u>HAND WELSH BEER BATTERED COD</u></b>	<b>£14.75</b>
A 10 OZ COD HAND BEER BATTERED AND DEEP FRIED, SERVED WITH PETIT POIS, TARTARE SAUCE AND LEMON WEDGE	
<b><u>CoQ Au Vin</u></b>	<b>£13.50</b>
CHICKEN BREAST MARINATED IN A RED WINE SAUCE WITH THYME SERVED WITH ROAST VEGETABLES AND CREAMY SMOKED MASHED POTATO <b>(VEGETABLES ARE ROASTED SO CAN BE CRUNCHY)</b>	
<b><u>BEEF BOURGINON</u></b>	
SLOW COOKED MARINATED WELSH BEEF IN A RED WINE AND GARLIC SAUCE SERVED WITH CREAMY SMOKED MASH AND MINTED PEAS	<b>£13.50</b>
<b><u>PAD THAI</u></b>	
<b>CHICKEN</b> OR <b>VEGETABLE</b> OPTION SERVED ON A BED OF COOKED NOODLES SERVED WITH EGG, BEANSPROUTS, WATER CHESTNUTS & OYSTER SAUCE TOPPED WITH CHILLI FLAKES (INGREDIENTS MAY VARY DEPENDENT ON AVAILABILITY)	<b>£13.75</b>
<b><u>STEAK &amp; STILTON PIE</u></b>	
HOMEMADE DEEP PIE WITH CELTIC PRIDE BEEF MADE WITH RICH GRAVY AND REAL ALE, MUSHROOMS, CARROTS, ONIONS AND STILTON TOPPED WITH HOMEMADE PASTRY LID	<b>£11.50</b>
<b><u>8OZ GLAZED RIB EYE STEAK</u></b>	
8OZ CELTIC PRIDE RIB EYE STEAK, SEASONED WITH BBQ GLAZE SERVED WITH PAN FRIED MUSHROOMS, ONION RINGS AND PEAS	<b>£19.00</b>
<b><u>VEGETABLE LASAGNE</u></b> - <small>VEGETARIAN OPTION</small>	<b>£11.45</b>
LAYERS OF SPINACH PASTA FILLED WITH VEGETABLES IN A TOMATO SAUCE, TOPPED WITH A BASIL SAUCE AND VEGETARIAN CHEESE	
<b><u>LASAGNE VERDE</u></b>	<b>£11.75</b>
AUTHENTIC ITALIAN DISH MADE WITH 100% BEEF AND TOPPED OFF WITH GRILLED WELSH CHEDDAR CHEESE	
<b><u>CHICKEN CURRY OR <a href="#">VEGAN CURRY OPTION</a></u></b>	<b>£11.95</b>
DICED BREAST OF CHICKEN IN A MILD CURRY SAUCE	
CURRIES ARE SERVED WITH EITHER RICE, CHIPS OR ½ & ½	

## SWEETS ~ MELYSFWD



MARIO'S LUXURY WELSH ICE CREAMS & DESSERTS AVAILABLE, ASK TO SEE THE MENU.

<b><u>SELECTION OF SWEETS</u></b>	<b>£4.95</b>
PLEASE ASK OUR WAITERING STAFF ON THE DAY FOR CHOICES, SWEETS ARE SERVED WITH EITHER FRESH DOUBLE CREAM, DEVONSHIRE CUSTARD OR VANILLA ICE CREAM	

## BAR SNACKS

### **DOUBLE BACON CHEESEBURGER**

**£16.75**

TWO 4OZ PRIME BEEF BURGERS 2 CRISPY SLICES OF BACON WITH CHEESE SERVED IN A BRIOCHE BUN WITH LETTUCE, TOMATO & ONION SERVED WITH OUR OWN "MAC SAUCE" ACCOMPANIED ON THE PLATE WITH HOMEMADE COLESLAW & SIDE OF EITHER, JULIENNE FRIES OR REGULAR CHIPS

### **VEGAN MOVING MOUNTAINS BURGER**

PLAIN **£11.50**

WITH CHEESE

**£12.75**

**VEGAN /VEGGIE BURGER**

- PLEASE ASK MEMBER OF STAFF

SERVED WITH FRIED ONIONS, GARNISH AND HOMEMADE COLESLAW CAN BE MADE WITH VEGAN MAYO – ACCOMPANIED ON THE PLATE WITH EITHER JULIENNE FRIES OR REGULAR CHIPS

### **FULL CLUBHOUSE BREAKFAST**

**£8.25**

WELSH SAUSAGE, BACON, BAKED BEANS, 2 FRIED EGGS, SAUTÉ POTATOES, BLACK PUDDING AND EITHER FRIED BREAD OR TOAST WITH A MUG OF TEA OR COFFEE

### **PHILLY STACK**

**£8.50**

THINLY SLICED TENDER PIECES OF 6 OZ STEAK, MELTING CHEESE & CRISPY ONIONS, WITH A MUSTARD MAYO TOPPING SERVED IN A WARM CRUSTY BAGUETTE SERVED WITH A SIDE OF HOMEMADE COLESLAW.

#### BASKET MEALS

<b>BASKET OF CHIPS</b>	<b>£3.75</b>
<b>BASKET OF SKINNY FRIES</b>	<b>£3.95</b>
<b>BASKET OF CURLY FRIES</b>	<b>£4.50</b>
<b>ADD CHEESE ON TOP</b>	<b>£1.50</b>
<b>ADD CURRY SAUCE</b>	<b>£ 2.00</b>

#### SIDE DISHES

<b>CHEESY GARLIC BREAD</b>	<b>£3.95</b>
<b>POPPADOMS</b>	<b>£0.90</b>
<b>3 SLICES OF GARLIC BREAD</b>	<b>£2.95</b>
<b>SALAD BOWL</b>	<b>£3.50</b>

#### BAKED JACKET POTATOES

MANY FILLINGS AVAILABLE, I.E., BEANS, CHEESE, COLESLAW, BACON, TUNA ETC.

<b>SINGLE FILLING</b>	<b>£5.90</b>
<b>EXTRA FILLING</b>	<b>£1.25</b>
<b>CHICKEN CURRY FILLING</b>	<b>£7.10</b>
<b>PRAWN FILLING</b>	<b>£7.75</b>

SERVED WITH EITHER MAYONNAISE OR SEAFOOD SAUCE

**DAIRY FREE SPREAD AVAILABLE**

#### FRESHLY BAKED BAGUETTES

VARIOUS FILLINGS AVAILABLE, I.E., HAM, BACON, SAUSAGE, CHEESE, TUNA ETC.

<b>SINGLE FILLING</b>	<b>£5.10</b>
<b>EXTRA FILLING</b>	<b>£1.25</b>
<b>PRAWN FILLING</b>	<b>£7.20</b>

SERVED WITH EITHER MAYONNAISE OR SEAFOOD SAUCE

#### **FRESHLY MADE SANDWICHES & TOASTIES**

WHITE, BROWN OR GLUTEN FREE BREAD

MANY FILLINGS AVAILABLE, I.E. HAM, BACON, SAUSAGE, CHEESE, TUNA ETC.

<b>SANDWICH SINGLE FILLING</b>	<b>£4.75</b>
<b>EXTRA FILLING</b>	<b>£1.25</b>
<b>PRAWN FILLING</b>	<b>£6.15</b>

SERVED WITH EITHER MAYONNAISE OR SEAFOOD SAUCE

**TOASTIE SINGLE FILLING FROM £4.75**

FINISH OFF YOUR MEAL WITH ONE OF OUR MANY BEVERAGES,  
PLEASE SEE REVERSE.

## BEVERAGES



POT OF TEA	£2.45
FRESHLY GROUND BEAN COFFEE & BISCUIT	£3.25
CAPPUCCINO, LATTE MACCHIATO, CAFÉ AU LAIT, ESPRESSO	£3.40
HOT CHOCOLATE	£3.10
FLOATER COFFEE	£3.80
LIQUEUR COFFEE WITH EITHER BRANDY, TIA MARIA, BAILEYS OR WHISKEY	£6.10
ALL OF THE ABOVE ARE SERVED WITH EITHER BISCUIT OR CHOCOLATE MINT	

SELECTION OF **TWININGS**<sup>TM</sup> OF LONDON FLAVOURED TEA'S AVAILABLE  
PLEASE ASK OUR WAITERING STAFF FOR MORE DETAILS.

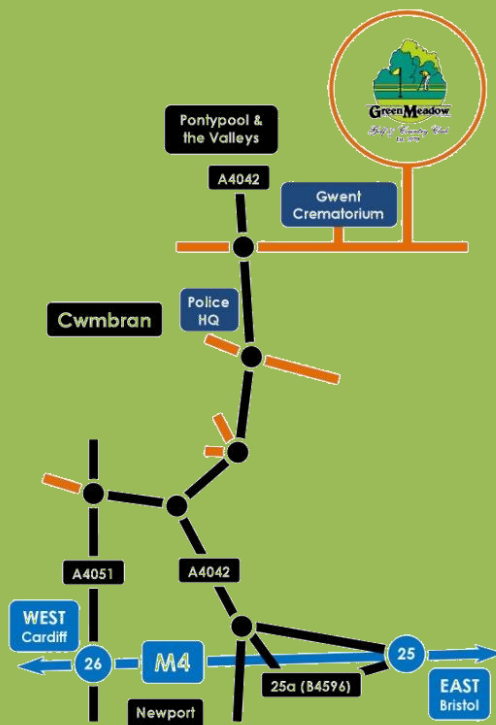
### ALLERGEN DISCLAIMER:

We monitor the presence of all allergens in all of our products; however, we cannot guarantee that any items are free from traces of these ingredients. In our kitchens we do prepare products containing all allergens and unfortunately cross contamination can occur. There is an allergen list available, please ask a member of staff if you wish to view. Please note we use GM Vegetable Cooking oil

## RESTAURANT OPEN 6 DAYS A WEEK, AND SERVING TRADITIONAL ROAST ON SUNDAYS.

All prices include V.A.T. Gratuities are at the customer's discretion. All meals are subject to availability.

### HOW TO FIND US



We are situated just off the Croesyceiliog bypass on the A4042, and only 5 miles North bound from Junction 26 on the M4 from Cardiff, or Junction 25A from the Bristol Area. We are easily accessible from the Valleys and Northern area.

Ample parking is provided for cars and coaches.

WE ACCEPT CREDIT & DEBIT CARD  
WE DO NOT ACCEPT AMERICAN EXPRESS



We hope that you enjoy your visit to  
The Meadows Bar & Restaurant at  
GreenMeadow Golf & Country Club.

We can cater for the following:

- Wedding Receptions
- Christening Parties
- Banquets / Restaurant Meals / Bar Meals
- Afternoon Cream Teas
- Conferences
- Presentation Evenings
- Sunday Lunch
- After Funeral Refreshments

On our Lower Level there is a fully stocked Golf Shop and a Gymnasium

OPEN TO THE PUBLIC 7 DAYS A WEEK.

