



The Meadows Bar & Restaurant

ALL DAY RESTAURANT & BAR SNACKS MENU

A place for all seasons

FAMILY RUN BUSINESS, ESTABLISHED IN 1979

THE MEADOWS RESTAURANT
PUBLIC BAR & RESTAURANT AT
GREENMEADOW GOLF & COUNTRY CLUB

TREHERBERT ROAD

CROESYCEILIOG

CWMBRAN

TORFAEN

NP44 2BZ

RESTAURANT RESERVATIONS

01633 869321

E-MAIL: INFO@GREENMEADOWGOLF.COM

WEBSITE: WWW.GREENMEADOWGOLF.COM

03/08/20

ALL DAY MENU SITTING IN OR OUTSIDE FROM 03/08/20

FIRST COURSE ~ CWRS CYNTAF

CHEESY GARLIC BREAD	£3.55
THREE SLICES OF GARLIC BREAD WITH ROASTED WELSH CHEESE TOPPING	
SOUP OF THE DAY	£4.50
CHEF'S SOUP OF THE DAY SERVED WITH A CRUSTY ROLL AND BUTTER	

MAIN COURSE ~ PRIFGWRS

VEGGIE BURGER	PLAIN £6.70	WITH CHEESE £7.05
OR VEGAN BURGER & VEGAN CHEESE - PLEASE ASK MEMBER OF STAFF		
SERVED WITH FRIED ONIONS, GARNISH AND HOMEMADE COLESLAW CAN BE MADE WITH VEGAN MAYO – PLEASE ASK		
6OZ BEEF BURGER	PLAIN £7.00	WITH CHEESE £7.50
6OZ PRIME BEEF BURGER SERVED WITH FRIED ONIONS, GARNISH AND HOMEMADE COLESLAW		
SAUSAGE, EGG, BEANS AND CHIPS OR VEGAN/VEGETARIAN SAUSAGE OPTION £6.70		
TWO SAUSAGES WITH 2 FRIED EGGS, BAKED BEANS AND CHIPS		
FULL CLUBHOUSE BREAKFAST	£7.80	
WELSH SAUSAGE, BACON, BAKED BEANS, 2 FRIED EGGS, SAUTÉ POTATOES, BLACK PUDDING AND EITHER FRIED BREAD OR TOAST WITH A MUG OF TEA OR COFFEE		
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<b>HAM, EGG AND CHIPS</b>	<b>£7.80</b>	
HOME-BREADED HAM WITH 2 FRIED EGGS, CHIPS AND PETIT POIS		
<i>THE BELOW MEALS ARE INCLUDED WITH EITHER SALAD, CHIPS, JACKET POTATO OR NEW POTATOES</i>		
<b>WHOLETAIL SCAMPI</b>	<b>£9.75</b>	
BREADED AND DEEP FRIED, COMPLIMENTED WITH A TARTARE SAUCE DIP AND BROWN BREAD AND BUTTER		
<b>VEGETABLE LASAGNE – VEGETARIAN OPTION</b>	<b>£10.90</b>	
LAYERS OF SPINACH PASTA FILLED WITH VEGETABLES IN A TOMATO SAUCE, TOPPED WITH A BASIL SAUCE AND VEGETARIAN CHEESE		
<b>LASAGNE VERDE</b>	<b>£11.20</b>	
AUTHENTIC ITALIAN DISH MADE WITH 100% BEEF AND TOPPED OFF WITH GRILLED WELSH CHEDDAR CHEESE		
<b>STEAK &amp; STILTON PIE</b>	<b>£11.50</b>	
A DEEP PIED WITH DICED CELTIC PRIDE BEEF AND RICH GRAVY MADE WITH REVEREND JAMES ALE IN A SHORT CRUST PASTRY CASE.		
<b>SPINACH &amp; CHICK PEA CURRY – VEGAN &amp; G/FREE</b>	<b>£10.95</b>	
A MIXTURE OF SPINACH AND CHICK PEAS IN A MILD CURRY SAUCE.		
<b>CHICKEN CURRY</b>	<b>£11.35</b>	
DICED BREAST OF CHICKEN IN A MILD CURRY SAUCE		
CURRIES ARE SERVED WITH EITHER RICE, CHIPS OR 1/2 & 1/2		
<b>HUNTERS CHICKEN</b>	<b>£11.50</b>	
TENDER CHICKEN BREAST WRAPPED IN SMOKED BACON AND SMOTHERED WITH CHEESE AND BBQ SAUCE		
<b>GAMMON STEAK</b>	<b>£14.95</b>	
12OZ GAMMON STEAK SERVED WITH FRIED EGG AND PINEAPPLE		
<b>HAND WELSH BEER BATTERED COD</b>	<b>£13.50</b>	
A 10 OZ COD HAND BEER BATTERED AND DEEP FRIED, SERVED WITH PETIT POIS, TARTARE SAUCE AND LEMON WEDGE		

BASKET MEALS		SIDE DISHES	
BASKET OF CHIPS	£3.25	POPPADOMS	£0.90
BASKET OF SKINNY FRIES	£3.60	3 SLICES OF GARLIC BREAD	£2.85
BASKET OF CURLY FRIES	£4.15	SALAD BOWL	£3.20
ADD CHEESE ON TOP	£1.00		

ALL THE BELOW ARE FRESHLY MADE AND SERVED WITH GARNISH AND HOMEMADE COLESLAW.

BAKED JACKET POTATOES		FRESHLY BAKED BAGUETTES	
MANY FILLINGS AVAILABLE, I.E., BEANS, CHEESE, COLESLAW, BACON, TUNA ETC.		MANY FILLINGS AVAILABLE, I.E., HAM, BACON, SAUSAGE, CHEESE, TUNA ETC.	
SINGLE FILLING	£5.70	SINGLE FILLING	£4.65
EXTRA FILLING	£1.00	EXTRA FILLING	£1.00
CHICKEN CURRY FILLING	£7.10	PRAWN FILLING	£6.40
PRAWN FILLING	£7.10		
SERVED WITH EITHER MAYONNAISE OR SEAFOOD SAUCE DAIRY FREE SPREAD AVAILABLE		SERVED WITH EITHER MAYONNAISE OR SEAFOOD SAUCE	

### FRESHLY MADE SANDWICHES & TOASTIES

WHITE, BROWN OR GLUTEN FREE BREAD  
MANY FILLINGS AVAILABLE, I.E. HAM, BACON, SAUSAGE, CHEESE, TUNA ETC.

SANDWICH SINGLE FILLING £3.65

EXTRA FILLING £1.00

PRAWN FILLING £6.15

SERVED WITH EITHER MAYONNAISE OR SEAFOOD SAUCE

TOASTIE SINGLE FILLING FROM £4.25

### SWEETS ~ MELYSFWD



MARIO'S LUXURY WELSH ICE CREAMS & DESSERTS AVAILABLE, ASK TO SEE THE MENU.

**SELECTION OF SWEETS £4.95**

PLEASE ASK OUR WAITERING STAFF ON THE DAY FOR CHOICES, SWEETS ARE SERVED WITH EITHER FRESH DOUBLE CREAM, DEVONSHIRE CUSTARD OR VANILLA ICE CREAM

FINISH OFF YOUR MEAL WITH ONE OF OUR MANY BEVERAGES,  
PLEASE SEE REVERSE.



### BEVERAGES

POT OF TEA	£2.25
FRESHLY GROUNDED BEAN COFFEE & BISCUIT	£3.00
CAPPUCCINO, LATTE MACCHIATO, CAFÉ AU LAIT, ESPRESSO	£3.00
HOT CHOCOLATE	£2.90
FLOATER COFFEE	£3.50
LIQUEUR COFFEE WITH EITHER BRANDY, TIA MARIA, BAILEYS OR WHISKEY	£5.70

ALL OF THE ABOVE ARE SERVED WITH EITHER BISCUIT OR CHOCOLATE MINT

SELECTION OF **TWININGS** OF LONDON FLAVOURED TEA'S AVAILABLE  
PLEASE ASK OUR WAITERING STAFF FOR MORE DETAILS.

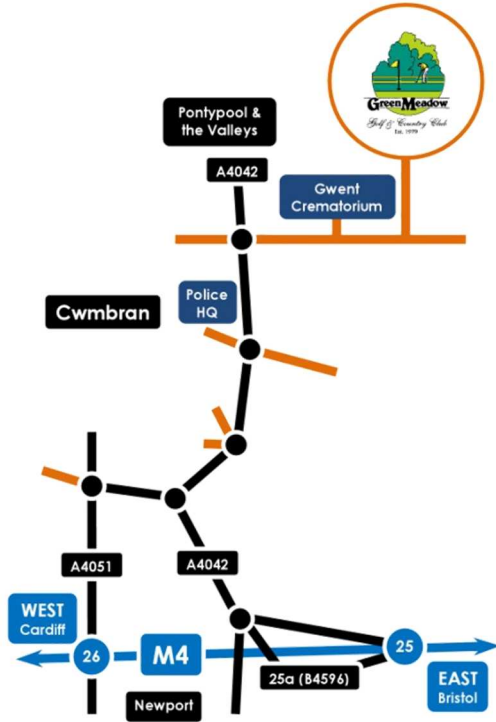
#### ALLERGEN DISCLAIMER:

We monitor the presence of all allergens in all of our products; however, we cannot guarantee that any items are free from traces of these ingredients. In our kitchens we do prepare products containing all allergens and unfortunately cross contamination can occur. There is a allergen list available, please ask a member of staff if you wish to view. Please note we use GM Vegetable Cooking oil

# RESTAURANT OPEN 6 DAYS A WEEK, AND SERVING TRADITIONAL ROAST ON SUNDAYS.

All prices include V.A.T. Gratuities are at the customer's discretion. All meals are subject to availability.

## HOW TO FIND US



We are situated just off the Croesyceiliog bypass on the A4042, and only 5 miles North bound from Junction 26 on the M4 from Cardiff, or Junction 25A from the Bristol Area. We are easily accessible from the Valleys and Northern area.

Ample parking is provided for cars and coaches.

## WE ACCEPT CREDIT & DEBIT CARD

WE DO NOT ACCEPT AMERICAN EXPRESS



We hope that you enjoy your visit to  
The Meadows Bar & Restaurant at  
GreenMeadow Golf & Country Club.

We can cater for the following:

- Wedding Receptions
- Christening Parties
- Banquets / Restaurant Meals / Bar Meals
- Afternoon Cream Teas
- Conferences
- Presentation Evenings
- Sunday Lunch
- After Funeral Refreshments

On our Lower Level there is a fully stocked Golf  
Shop and a Gymnasium

OPEN TO THE PUBLIC 7 DAYS A WEEK.

