



**Croeso**  
Cynnes Cymreig  
A Warm Welsh Welcome

# THE MEADOWS BAR & RESTAURANT

## ALL DAY MENU

### GREENMEADOW GOLF & COUNTRY CLUB

TREHERBERT ROAD

CROESYCEILIOG

CWMBRAN

TORFAEN

NP44 2BZ

**RESTAURANT RESERVATIONS**

**01633 869321**

**E-MAIL: [INFO@GREENMEADOWGOLF.COM](mailto:INFO@GREENMEADOWGOLF.COM)**

**WEBSITE: [WWW.GREENMEADOWGOLF.COM](http://WWW.GREENMEADOWGOLF.COM)**

**02/01/2024**



# THE MEADOWS



## ALL DAY MENU

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### FIRST COURSE ~ CWRS CYNTAF

<b>CHEESY GARLIC BREAD</b>	<b>£ 4.95</b>
THREE SLICES OF GARLIC BREAD WITH ROASTED CHEDDAR CHEESE	
<b>MINI QUICHE PIG IN BLANKET</b>	<b>£6.25</b>
CHEDDAR & ONION QUICHE WITH CRANBERRIES & PIG IN BLANKET HERB CRUST	
<b>GOAT CHEESE TART</b>	<b>£6.25</b>
SERVED WITH GARNISH AND ONION CHUTNEY	
<b>SOUP OF THE DAY</b>	<b>£ 5.25</b>
SERVED WITH A CRUSTY ROLL AND BUTTER	

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### MAIN COURSE ~ PRIFGWRS

<b>DOUBLE BACON CHEESEBURGER</b>	<b>£16.95</b>
TWO 4OZ PRIME BEEF BURGERS 2 CRISPY SLICES OF BACON WITH CHEESE SERVED IN A BRIOCHE BUN WITH LETTUCE, TOMATO & ONION SERVED WITH OUR OWN "MAC SAUCE" ACCOMPANIED ON THE PLATE WITH HOMEMADE COLESLAW & SIDE OF EITHER, JULIENNE FRIES OR REGULAR CHIPS	
<b>VEGAN MOVING MOUNTAINS BURGER</b>	<b>PLAIN £12.95 WITH CHEESE £13.95</b>
<b>VEGAN /VEGGIE BURGER</b>	<b>- PLEASE ASK MEMBER OF STAFF</b>
SERVED WITH FRIED ONIONS, GARNISH AND HOMEMADE COLESLAW CAN BE MADE WITH VEGAN MAYO — ACCOMPANIED ON THE PLATE WITH EITHER JULIENNE FRIES OR REGULAR CHIPS	

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<b>WHOLETAIL SCAMPI</b>	<b>£12.25</b>
BREADED AND DEEP FRIED, COMPLIMENTED WITH A TARTARE SAUCE DIP AND BROWN BREAD AND BUTTER	
<b>VEGETABLE LASAGNE – VEGETARIAN OPTION</b>	<b>£12.75</b>
LAYERS OF SPINACH PASTA FILLED WITH VEGETABLES IN A TOMATO SAUCE, TOPPED WITH A BASIL SAUCE AND VEGETARIAN CHEESE	
<b>LASAGNE VERDE</b>	<b>£12.95</b>
AUTHENTIC ITALIAN DISH MADE WITH 100% BEEF AND TOPPED OFF WITH GRILLED WELSH CHEDDAR CHEESE	
<b>HUNTERS CHICKEN</b>	<b>£13.75</b>
TENDER CHICKEN BREAST WRAPPED IN BACON AND SMOTHERED IN ROAST CHEESE AND BBQ SAUCE	
<b>HOMEMADE BEEF BOURGINON</b>	<b>£14.95</b>
SLOW COOKED MARINATED WELSH BEEF IN A RED WINE AND GARLIC SAUCE SERVED WITH CREAMY SMOKED MASH AND MINTED PEAS	

## 8oz GLAZED RIB EYE STEAK

8OZ CELTIC PRIDE RIB EYE STEAK, SEASONED WITH BBQ GLAZE SERVED WITH PAN FRIED MUSHROOMS, ONION RINGS AND PEAS

£20.75

## WELSH BEER HAND BATTERED COD

10 OZ COD HAND BEER BATTERED AND DEEP FRIED, SERVED WITH PETIT POIS, TARTARE SAUCE AND LEMON WEDGE

£16.75

## HOMEMADE STEAK & STILTON PIE

HOMEMADE DEEP PIE WITH CELTIC PRIDE BEEF MADE WITH RICH GRAVY AND REAL ALE, MUSHROOMS, CARROTS, ONIONS AND STILTON TOPPED WITH HOMEMADE PASTRY LID

£14.25

## GAMMON STEAK

12OZ GAMMON STEAK SERVED WITH FRIED EGG AND PINEAPPLE

£15.25

THE ABOVE **EXCLUDING** EVERYTHING ABOVE THE PATTERNED LINE ARE SERVED WITH PETIT POIS AND EITHER FRESH SALAD, BAKED POTATO OR CHIPS

## CHICKEN CURRY

DICED BREAST OF CHICKEN IN A MILD CURRY SAUCE. SERVED WITH EITHER RICE, CHIPS OR BOTH

£13.25

**PLEASE ENQUIRE FOR GLUTEN FREE AND VEGAN OPTIONS.**

THE PRICES ARE FOR THE ITEMS SHOWN ON THE MENU AND CANNOT BE DISCOUNTED ACCORDING TO PERSONAL CHOICE.

## SIDE DISHES

GARLIC BREAD	£4.00	WITH CHEESE	£4.95
ONION RINGS	£3.75		
PAN FRIED MUSHROOMS	£3.75		
SALAD BOWL	£3.60		
HOMEMADE COLESLAW	£3.25		

## SWEETS ~ MELYSFWD

**MARIO'S LUXURY WELSH ICE CREAMS & DESSERTS AVAILABLE, ASK TO SEE THE MENU.**

**SELECTION OF SWEETS** £5.95

PLEASE ASK OUR WAITERING STAFF ON THE DAY FOR CHOICES, SWEETS ARE SERVED WITH EITHER FRESH DOUBLE CREAM, DEVONSHIRE CUSTARD OR VANILLA ICE CREAM

**SORBET** £3.50

**KNICKERBOCKER GLORY** £6.25

**CHEESE & BISCUITS** £6.45

SELECTION OF WELSH AND TRADITIONAL CHEESES

## BEVERAGES

**POT OF TEA & BISCUIT** £3.00

**FRESHLY GROUNDED BEAN COFFEE & BISCUIT** £3.45

**CAPPUCCINO, LATTE MACCHIATO, CAFÉ AU LAIT, ESPRESSO** £3.45

**HOT CHOCOLATE** £3.45

**FLOATER COFFEE** £4.50

**LIQUEUR COFFEE** WITH EITHER BRANDY, TIA MARIA, BAILEYS OR WHISKEY £8.50

### ALLERGEN DISCLAIMER:

*We monitor the presence of all allergens in all of our products; however, we cannot guarantee that any items are free from traces of these ingredients. In our kitchens we do prepare products containing all allergens and unfortunately cross contamination can occur. There is a allergen list available, please ask a member of staff if you wish to view. Please note we use GM Vegetable Cooking oil.*



# THE MEADOWS

## SNACK MENU



### BAKED JACKET POTATOES

MANY FILLINGS AVAILABLE, I.E., BEANS, CHEESE, COLESLAW, BACON, TUNA ETC.

<b>SINGLE FILLING</b>	<b>£6.10</b>
<b>EXTRA FILLING</b>	<b>£1.50</b>
<b>PRAWN FILLING</b>	<b>£8.25</b>
SERVED WITH EITHER MAYONNAISE OR SEAFOOD SAUCE	
<b>CHICKEN CURRY / CHILLI FILLING</b>	<b>£7.95</b>

### FRESHLY BAKED BAGUETTES

MANY FILLINGS AVAILABLE, I.E., HAM, BACON, SAUSAGE, CHEESE, TUNA ETC.

<b>SINGLE FILLING</b>	<b>£5.25</b>
<b>EXTRA FILLING</b>	<b>£1.50</b>
<b>PRAWN FILLING</b>	<b>£8.20</b>
SERVED WITH EITHER MAYONNAISE OR SEAFOOD SAUCE	
<b>BRIE &amp; CRANBERRY BAGUETTE</b>	<b>£7.75</b>
<b>HOT TURKEY, CRANBERRY &amp; STUFFING BAGUETTE</b>	<b>£7.75</b>

### FRESHLY MADE WRAPS / SANDWICHES & TOASTIES

WHITE, BROWN OR GLUTEN FREE BREAD  
MANY FILLINGS AVAILABLE, I.E. HAM, BACON, SAUSAGE, CHEESE, TUNA ETC.

<b>SANDWICH SINGLE FILLING</b>	<b>£4.75</b>
<b>EXTRA FILLING</b>	<b>£1.50</b>
<b>PRAWN FILLING</b>	<b>£7.10</b>
SERVED WITH EITHER MAYONNAISE OR SEAFOOD SAUCE	

**TOASTIE SINGLE FILLING** **£4.75**

### FRESHLY MADE PANINIS

NIGELLA AND SESAME SEED PANINI  
MANY FILLINGS AVAILABLE, I.E. CHICKEN, HAM, BACON, CHEESE, TUNA ETC.

<b>TUNA MAYO, TUNA &amp; CHEESE, CHEESE &amp; PICKLE, OR HAM &amp; CHEESE</b>	<b>£6.25 EACH</b>
<b>EXTRA FILLING</b>	<b>£1.50</b>

**CHICKEN, BACON & TOMATO, CHICKEN, CHEESE & BBQ SAUCE, OR CHICKEN, BACON & BBQ SAUCE**  
**£7.75 EACH**

ALL THE ABOVE ARE FRESHLY MADE AND SERVED WITH GARNISH AND HOMEMADE COLESLAW

### BASKET MEALS

<b>BASKET OF CHIPS</b>	<b>£3.90</b>
<b>BASKET OF SKINNY FRIES</b>	<b>£4.00</b>
<b>BASKET OF CURLY FRIES</b>	<b>£4.75</b>
<b>ADD CHEESE ON TOP</b>	<b>£1.75</b>
<b>ADD CURRY SAUCE</b>	<b>£2.00</b>

### SIDE DISHES

<b>POPPADOMS</b>	<b>£1.35</b>
<b>3 SLICES OF GARLIC BREAD</b>	<b>£4.00</b>
<b>ONION RINGS</b>	<b>£3.75</b>
<b>PAN FRIED MUSHROOMS</b>	<b>£3.75</b>

**FULL CLUBHOUSE BREAKFAST** **£9.75**

WELSH SAUSAGE, 2 SLICES OF BACON, GRILLED TOMATO OR BEANS, FRIED EGG, SAUTÉ POTATOES, BLACK PUDDING AND EITHER FRIED BREAD OR TOAST.

**PHILLY STACK** **£9.50**

THINLY SLICED TENDER PIECES OF 6 OZ STEAK, MELTING CHEESE & CRISPY ONIONS, WITH A MUSTARD MAYO TOPPING SERVED IN A WARM CRUSTY BAGUETTE SERVED WITH A SIDE OF HOMEMADE COLESLAW.

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