



# *The Meadows Bar & Restaurant*

## **EVENING RESTAURANT MENU**

**THE MEADOWS RESTAURANT**  
PUBLIC BAR & RESTAURANT AT  
**GREENMEADOW GOLF & COUNTRY CLUB**  
TREHERBERT ROAD  
CROESYCEILIOG  
CWMBRAN  
TORFAEN  
NP44 2BZ

**RESTAURANT RESERVATIONS**  
**01633 869321**

**E-MAIL: [INFO@GREENMEADOWGOLF.COM](mailto:info@greenmeadowgolf.com)**  
**WEBSITE: [WWW.GREENMEADOWGOLF.COM](http://www.greenmeadowgolf.com)**

# EVENING RESTAURANT MENU

## FIRST COURSE ~ CWRS CYNTAF

<b>CHEESY GARLIC BREAD</b>	<b>£3.45</b>
THREE SLICES OF GARLIC BREAD WITH ROASTED WELSH CHEESE TOPPING	
<b>SOUP OF THE DAY</b>	<b>£4.50</b>
CHEF'S SOUP OF THE DAY SERVED WITH A CRUSTY ROLL AND BUTTER	
<b>LEMON SOLE GOUJONS</b>	<b>£4.95</b>
LEMON SOLE LIGHTLY COATED IN BREADCRUMBS SERVED WITH SALAD GARNISH & LEMON WEDGE	

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## MAIN COURSES ~ PRIFGWRS FROM THE GRILL

<b>GAMMON STEAK</b>	<b>£12.25</b>
12OZ GAMMON STEAK SERVED WITH FRIED EGG AND PINEAPPLE	
<b>RIB EYE STEAK</b>	<b>£15.75</b>
8OZ RIB EYE STEAK, SERVED WITH MUSHROOMS, ONION RINGS AND GRILLED TOMATO	
<b>BONELESS PORK LOIN IN APPLE CIDER GRAVY</b>	<b>£15.95</b>
A GRILLED BONELESS PORK LOIN WITH APPLE CIDER GRAVY, SERVED WITH MASHED POTATO AND SEASONAL VEGETABLES	
<b>16OZ T-BONE STEAK</b>	<b>£20.95</b>
16OZ T-BONE STEAK SERVED WITH MUSHROOMS, ONION RINGS AND GRILLED TOMATO	
THE STEAKS ARE SERVED WITH PETIT POIS AND EITHER FRESH SALAD, BAKED POTATO OR CHIPS	
<b>DIANE, PEPPER OR BBQ SAUCES TO COMPLIMENT YOUR STEAK</b>	<b>£2.75</b>

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## OTHER MAIN COURSES

<b>LASAGNE VERDE</b>	<b>£9.95</b>
AUTHENTIC ITALIAN DISH MADE WITH 100% BEEF AND TOPPED OFF WITH GRILLED WELSH CHEDDAR CHEESE	
<b>HUNTERS CHICKEN</b>	<b>£12.95</b>
CHICKEN BREAST WRAPPED IN BACON TOPPED WITH BBQ SAUCE AND CHEESE	
<b>STEAK &amp; ALE PIE</b>	<b>£12.95</b>
HOMEMADE STEAK & ALE PIE USING WELSH BEEF SIMMERED IN WELSH ALE GRAVY AND SEASONING, TOPPED WITH A PUFF PASTRY LID.	
<b>SHEPHERD'S PIE</b>	<b>£12.95</b>
HOMEMADE SHEPHERD'S PIE USING WELSH LAMB MINCE IN A RICH GRAVY WITH A MASHED POTATO AND GRILLED WELSH CHEESE TOPPING.	
THESE MEALS ARE SERVED WITH PETIT POIS AND EITHER FRESH SALAD, BAKED POTATO OR CHIPS	

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## CURRY DISHES

<b>CHICKEN TIKKA MASALA</b>	<b>£10.95</b>		
CHUNKS OF CHICKEN BREAST IN A MILDLY SPICED TIKKA SAUCE			
<b>CHICKEN CURRY</b>	<b>£10.95</b>		
TENDER STRIPS OF CHICKEN BREAST IN A MILDLY SPICED SAUCE			
CURRIES ARE WITH EITHER RICE, CHIPS OR 1/2 & 1/2			
<b>NAAN BREAD</b>	<b>£1.50</b>	<b>TWO POPPADOMS</b>	<b>£0.80</b>

## VEGETARIAN CHOICE

### VEGETABLE LASAGNE

£9.75

LAYERS OF SPINACH PASTA FILLED WITH VEGETABLES IN A TOMATO SAUCE, TOPPED WITH A BASIL SAUCE AND VEGETARIAN CHEESE

### BROCCOLI & CREAM CHEESE BAKE

£9.95

BROCCOLI FLORETS IN A CREAMY SAUCE, TOPPED WITH SLICED POTATO AND CHEESE

### CASHEW NUT & MUSHROOM WELLINGTON

£9.95

MUSHROOM AND CASHEW NUT WELLINGTON IN A PUFF PASTRY PARCEL

THESE MEALS ARE SERVED WITH PETIT POIS AND EITHER FRESH SALAD, BAKED POTATO OR CHIPS

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## FROM THE SEA

### BREADED PLAICE

£10.75

A 10 OZ PLAICE COATED IN BREADCRUMBS AND DEEP FRIED, SERVED WITH TARTARE SAUCE AND LEMON WEDGE

### 8OZ SALMON FILLET

£12.75

A 8OZ NORTH ATLANTIC POACHED SALMON SERVED WITH A SELECTION OF VEGETABLES

THESE MEALS ARE SERVED WITH PETIT POIS AND EITHER FRESH SALAD, BAKED POTATO OR CHIPS

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## SIDE DISHES

THREE SLICES OF GARLIC BREAD

£2.45

ONION RINGS

£2.95

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## SWEETS ~ MELYSFWD



### MARIO'S LUXURY WELSH ICE CREAMS & DESSERTS

AVAILABLE, ASK TO SEE THE MENU.

#### SELECTION OF SWEETS

£4.95

PLEASE ASK OUR WAITERING STAFF ON THE DAY FOR CHOICES, SWEETS ARE SERVED WITH EITHER FRESH DOUBLE CREAM, DEVONSHIRE CUSTARD OR VANILLA ICE CREAM

#### LEMON SORBET

£2.60

#### PEACH MELBA OR PINEAPPLE MELBA

£4.85

#### KNICKERBOCKER GLORY

£5.50

#### CHEESE & BISCUITS SELECTION OF WELSH AND TRADITIONAL CHEESES

£4.70

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ASK A MEMBER OF OUR WAITERING STAFF FOR GLUTEN FREE OPTIONS

FINISH OFF YOUR MEAL WITH ONE OF OUR MANY BEVERAGES, PLEASE SEE REVERSE.



~ WELSH SPECIALITIES



# BEVERAGES

POT OF TEA & BISCUIT	£1.95
FRESHLY GROUND BEAN COFFEE & BISCUIT	£2.65
CAPPUCCINO, LATTE MACCHIATO, CAFÉ AU LAIT, ESPRESSO	£2.65
HOT CHOCOLATE	£2.65
FLOATER COFFEE	£3.25
LIQUEUR COFFEE WITH EITHER BRANDY, TIA MARIA, BAILEYS OR WHISKEY	£5.45

SELECTION OF **TWININGS**<sup>™</sup> OF LONDON FLAVOURED TEA'S AVAILABLE  
PLEASE ASK OUR WAITERING STAFF FOR MORE DETAILS.

## ALLERGEN DISCLAIMER:

We monitor the presence of all allergens in all of our products; however, we cannot guarantee that any items are free from traces of these ingredients. In our kitchens we do prepare products containing all allergens and unfortunately cross contamination can occur. There is a allergen list available, please ask a member of staff if you wish to view. Please note we use GM Vegetable Cooking oil.

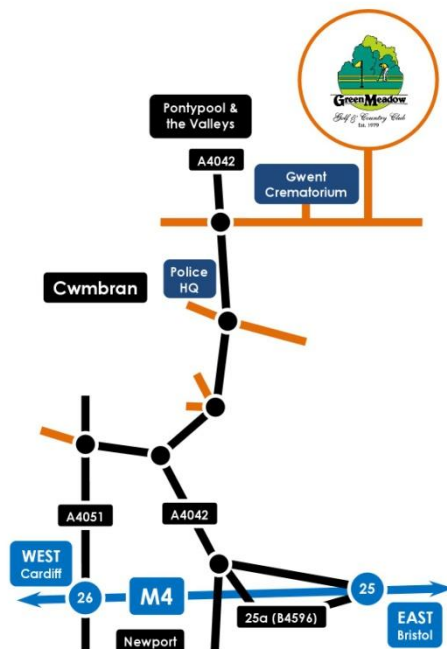
**RESTAURANT OPEN 6 DAYS A WEEK,  
AND SERVING TRADITIONAL ROAST ON SUNDAYS.**

*All prices include V.A.T.*

*Gratuities are at the customer's discretion.*

*All meals are subject to availability.*

## HOW TO FIND US



We are situated just off the Croesyceiliog bypass on the A4042, and only 5 miles North bound from Junction 26 on the M4 from Cardiff, or Junction 25A from the Bristol Area. We are easily accessible from the Valleys and Northern area.

Ample parking is provided for cars and coaches.

## WE ACCEPT CREDIT & DEBIT CARDS

WE DO NOT ACCEPT AMERICAN EXPRESS



*We hope that you enjoy your visit to  
The Meadows Bar & Restaurant at  
GreenMeadow Golf & Country Club.*

*We can cater for the following:*

- Wedding Receptions
- Christening Parties
- Banquets / Restaurant Meals / Bar Meals
- Afternoon Cream Teas
- Conferences
- Presentation Evenings
- Sunday Lunch
- After Funeral Refreshments

*On our Lower Level there is a fully stocked Golf Shop  
and a Gymnasium*

**OPEN TO THE PUBLIC 7 DAYS A WEEK.**

